

Seminar held at BUHS on “**Advancing Digital Mental Health Initiatives**”

The Department of Occupational and Environmental Health, of the Bangladesh University of Health Sciences (BUHS) organized a seminar titled “**Advancing Digital Mental Health Initiatives**”. **Dr. Abbas Haghshenas**, Co-founder and leader of tech-related affairs at iHealthDesk, Australia presented his keynote paper. He gave the emphasis on bringing academics and professionals together to explore the growing potential of technology-enabled mental health services. He also asked the seminar participants on improvising digital tools with accessibility among diverse populations. The seminar also featured an expert panel discussion with **Professor Dr. Sk. Akhtar Ahmad**, Treasurer of BUHS; **Professor Dr. Begum Rowshan Ara**, Dean of Public Health Faculty; and **Professor Dr. M. H. Faruquee**, Head of the Department of Occupational and Environmental Health. The seminar discussed the integration of technology-driven approaches within public health systems. The event emphasized the growing relevance of digital mental health initiatives in Bangladesh and highlighted the need for continued interdisciplinary collaboration and research in this emerging field.

